

# **CFSS TIME & ACTIVITY DOCUMENTATION**

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## Instructions for CFSS Time and Activity Documentation

- This form documents time and activity between one DSW and one participant. Document up to two visits per day on this form. Use additional forms if you do more than two visits per day.
- Use Black Pen Only.
- Week 1 is the 1<sup>st</sup> week of the Pay Period; Week 2 is the 2<sup>nd</sup> week of Pay Period (See Payroll Schedule).

#### **DATES OF SERVICE**

Dates of service must be in consecutive order. Enter the date in mm/dd/yy format for each date you provide service. The participant must draw a line through any dates and times CFSS services were not provided.

#### **PARTICIPANT STAYS**

Enter dates and location of recipient stays in a hospital, care facility or incarceration.

## **ADLs (ACTIVITIES OF DAILY LIVING)**

For each date you provided care, write your initials next to all the activities you provided. Your initials indicate you provided the service as described in the Service Delivery Plan. If you provide a service more than once a day, initial only once. The following are general descriptions of activities of daily living and instrumental activities of daily living.

#### Dressing

Choosing appropriate clothing for the day includes laying out of clothing, actual applying and changing clothing, special appliances or wraps, transfers, mobility and positioning to complete this task.

## Grooming

Personal hygiene includes basic hair care, oral care, nail care (except recipients who are diabetic or have poor circulation), shaving hair, applying cosmetics and deodorant, care of eyeglasses, contact lenses, hearing aids.

#### Bathing

Starting and finishing a bath or shower, transfers, mobility, positioning, using soap, rinsing, drying, inspecting skin and applying lotion.

## Eating

Getting food into the body, transfers, mobility, positioning, hand washing, applying of orthotics needed for eating, feeding, preparing meals and grocery shopping

## • Transfers

Moving from one seating/reclining area or position to another.

## Mobility

Moving includes assistance with ambulation, including use of a wheelchair. Mobility does not include providing transportation for a recipient.

## Positioning

Including assistance with positioning or turning a recipient for necessary care and comfort.

## Toileting

Bowel/bladder elimination and care, transfers, mobility, positioning, feminine hygiene, use of toileting equipment or supplies, cleansing the perineal area and inspecting skin and adjusting clothing.

#### **HEALTH-RELATED PROCEDURES AND TASKS**

Health related procedures and tasks according to PCA policy. Examples include range of motion and passive exercise, assistance with self-administered medication including bringing medication to the recipient, and assistance with opening medication under the direction of the recipient or responsible party, interventions, monitoring and observations for seizure disorders, and other activities listed on the care plan and considered within the scope of the PCA service meeting the definition of health-related procedures and tasks.

#### **BEHAVIOR**

Redirecting, intervening, observing, monitoring and documenting behavior.

## IADLs (INSTRUMENTAL ACTIVITIES OF DAILY LIVING)

Covered service for recipients over age 18 years only, such as: meal planning and preparation, basic assistance with paying the bills, shopping for food, clothing, and other essential items, performing household tasks integral to the personal care assistance services; assisting with recipient's communication by telephone, and other media, and accompanying the recipient with traveling to medical appointments and participation in the community.

### DATE

Enter the date in mm/dd/yy format for each date you provide service.

#### VISIT 1

Documentation of the first visit of the day.

**Time In:** Enter exact time in hours and minutes that you started providing care and check AM or PM.

**Time Out:** Enter the exact time in hours and minutes that you stopped providing care and check AM or PM.

If your shift is 8 hours or more, you must document a minimum of 30 minutes for lunch break.

## VISIT 2

Same as Visit 1.

## **DAILY TOTAL**

Add the total time in hours and minutes that you spent with this client for the care documented in each row.

#### **WEEKLY TOTAL**

Add the time in hours and minutes for all visits on this entire timesheet and enter the total in the appropriate box.

## **ACKNOWLEDGEMENT AND REQUIRED SIGNATURES**

Participant/responsible party prints the participant's first name and last name, and MA Member Number (PMI #) or birth date. Participant/responsible party signs and dates form. DSW prints his/ her first and last name, individual PCA Unique Minnesota Provider Identifier (UMPI). DSW signs and dates form.